

Josh Varner

Trauma-Informed Care Speaker

Joshvarner65 joshvarnerconsulting@gmail.com 319.899.9843 "We used to have kids running out of our school and today they're running in! We've made so many changes that Josh helped ignite."

-Beth Houf, Fulton Middle School

Josh Varner M.S. Ed. has helped audiences all over the country become heroes for children impacted by childhood trauma. Josh has worked as a social worker, school counselor and is currently a teacher serving at-risk students. Josh understands the challenges educators are facing and equips them with tools that are easy to implement and that will have the greatest impact on their students.

Speaking Topic

Be Their Hero: Trauma-Informed Care

Two out of every three students in the United States are impacted by a traumatic event. When people experience trauma, it's normal and natural for them to have a hard time coping afterwards. Josh has spoken to over 100 schools about how to support students impacted by the effects of trauma.

Outcomes

During this training participants will learn:

- Learn how many students are impacted by childhood trauma and how to identify them.
- Learn how the brain and body respond to trauma and how that impacts student behavior.
- Leave with a 'Call to Action' and be equipped with many specific tools that are easy to use to support their students.

Testimonials

"As a School Counselor, I was able to take away many useful ideas learned from the Josh's Trauma Program. The program helps you to really consider the whole child and not just label him or her. Instead of focusing on "What is wrong with this child?", you begin to focus on "What happened to this child?" – Sara Garner, Licensed School Counselor St. Peter's School.

"Absolutely the most informative presentation I've attended in 25 years of my career." Carey Smith-Professor, Arkansas Northeastern College

"This presentation helped me as an educator better understand why my students act the way that they do. It allowed me to think more analytically about the matter and not have such an emotional response when a negative behavior occurred. In addition, I am now able to identify traumatic elements within my students earlier and develop positive relationships with them in order to more effectively help them when they have an overwhelming feeling." -Elizabeth Rustemeyer, Teacher Thomas Jefferson Middle School.

FAITH CHRISTIAN FAMILY CHURCH
17350 E Veterans Memorial Parkway, Truesdale, MO 63380

Wednesday, August 16 | 7pm